

In addition to the [USA Cycling Rulebook](#), All RIDERS, COACHES and PARENTS are expected to READ the Technical Guide.

This race is supported exclusively by volunteers so please be polite with our volunteers and don't hesitate to thank them for their assistance in making this race possible.

The following items are of particular importance:

- Technical Guide: You are responsible for every detail so please read it and carry it with you.
- Parking: Park only where indicated
- Portable Toilets: Nothing will get us kicked out of a venue faster than using private property as a toilet.
- Helmets: Must be worn and secured at all times while on a bicycle.

Failure to comply with these requests will result in FINES and/or disqualification

FREQUENTLY ASKED QUESTIONS

What do I need to know about registration?

1. PRE REGISTRATION ONLY
2. NO REFUNDS ALLOWED ONCE REGISTRATION CLOSES. We have a limit of 100 riders per category (75 for Cat 5 Men & Cat 4 Women) and categories fill quickly so register early.
3. Riders must register for the category listed on their 2015 USA Cycling license.

*** Riders will not be allowed to change their category at packet pickup

*** NO rider substitutions or replacements are allowed after registration closes

If I miss the deadline for online registration can I still race?

1. NO. Every year we have so many people miss the registration deadline and we feel bad for them. Unfortunately, once registration closes we immediately take the list of usually about 800 registered racers and start building the Time Trial start list so we can get the TT start times posted ASAP. Once this happens we cannot add any additional racers.

Please make it easy on everyone and register early.

Will you accept my ACA or UCI license?

1. ACA = Verify this with [USAC](#) for 2015. It is the rider's responsibility to have a current and valid race license. You must have this with you at packet pickup
2. We will accept any CURRENT (2015) UCI, Canada, Mexico license.

I'm a 43 year old male Cat 5 rider, can I register for Masters?

1. YES, all Master's races are open to all category racers.

Where and when is packet pick-up?

1. Packet pick-up times and locations can be found on the [Race Flyer](#).

Thursday, 2/12/2015 4PM – 8PM, Landis Cyclery, Rural & Warner, Tempe

Friday, 2/13/2015 Starting at 7AM, TT Venue

When and where will the Time Trial start times be posted?

1. Wednesday night (2/11/2015) at the latest on this web page.
2. At both packet pickup sites.

Can I register for just the Time Trial?

1. Yes, but you will not receive a discount on entry

Can I register for just the Road Race or Criterium?

1. NO, in order to race the Road Race you must start and finish the Time Trial. In order to race the Criterium you must start and finish the Road Race.

Do I have to wear my helmet even when I'm rolling around the parking lot?

1. YES – per USA Cycling Rule 1N1. Helmets. At all times when participating in an event held under a USA Cycling event permit, including club rides, any rider on a bicycle or motorcycle shall wear a protective, securely fastened helmet that satisfies the standards specified in USA Cycling Policies. (Policy I, Sections 1 and 2 – see appendices.) [Disqualification and a \$20 fine for failure to wear or for removing such a helmet during a race. The fine is also applicable if the rider is not racing, but is participating in the event as described below]. “Participating in an event” means riding a bicycle in the vicinity of a race at any time between the beginning of registration and the last awarding of prizes, but does not apply to riding rollers or stationary trainers in order to warm up.

Do Juniors have a gear restriction?

- 1. YES – All juniors have gear restrictions. All juniors must participate in rollout before and after every stage. If you miss rollout, you will be disqualified. Details can be found in the [USA Cycling Rulebook](#) Section 1M6

Do I have to sign-in everyday?

- 1. Riders are REQUIRED to sign-in before the Road Race & Criterium (There is no sign-in required for the TT). Failure to sign-in will result in a fine of \$20.00 for the first offense, per USAC rules. Check individual stage details for sign-in locations and additional instructions.

Can I change my time trial start time?

NO – All TT start times are assigned and final.
 TT start times will be available Thursday February 12th
[Landis Cyclery located at 1006 East Warner Rd, Suite 106 \(cross streets Warner & Rural\)](#)
www.wmrc.org

****DO NOT MISS YOUR START TIME**

TT Start Order First Rider off at 9:00 a.m.
Men 5
Masters Women 35+
Masters Women 50+
Women 4
Masters Men 65+
Masters Men 55+
Masters Men 45+
Masters Men 35+
Men 4
Men 3
Men 2
Women 3
Women Pro, 1, 2
Men Pro, 1
Juniors 17 – 18
Juniors 15 – 16
Hand Cycle *
Juniors 9 – 14 **

Do I have to wear both jersey numbers? What about my frame number?

1. YES , each rider will be given two (2) bib numbers and one (1) frame number.
DO NOT CUT, FOLD or ALTER NUMBERS!

Jersey Numbers

- All riders MUST WEAR BOTH bib numbers for all stages. If you do not wear both bib numbers you will be assessed a 20-second penalty!
- Numbers must be worn on the lower part of the jersey just above the jersey pocket and along the side seam

Frame Numbers

- Time Trial: Frame number is NOT required
- Road Race & Criterium: Frame number IS required

How do I get a Feedzone pass for the Road Race?

1. Feed zone parking is by permit only and extremely limited. Permits will be available at the Road Race sign-in only. If you do not have a feed zone permit, plan on carpooling with other teams

Where can I find results?

1. RESULTS are posted daily at the following locations:
 - Time Trial
 - Road Race
 - Criterium
 - www.wmrc.org
 - Final results will be posted online within 1 week of event completion. These results are FINAL! See [USA Cycling Rulebook](#) for protest information.

Additional questions email: vosinfo@wmrc.org